Topological Methods in Nonlinear Analysis
Volume 50, No. 1, 2017, 9-25
DOI: 10.12775/TMNA.2016.089
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# CONVEX HULL DEVIATION AND CONTRACTIBILITY 

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#### Abstract

We study the Hausdorff distance between a set and its convex hull. Let $X$ be a Banach space, define the CHD-constant of the space $X$ as the supremum of this distance over all subsets of the unit ball in $X$. In the case of finite dimensional Banach spaces we obtain the exact upper bound of the CHD-constant depending on the dimension of the space. We give an upper bound for the CHD-constant in $L_{p}$ spaces. We prove that the CHD-constant is not greater than the maximum of Lipschitz constants of metric projection operators onto hyperplanes. This implies that for a Hilbert space the CHD-constant equals 1 . We prove a characterization of Hilbert spaces and study the contractibility of proximally smooth sets in a uniformly convex and uniformly smooth Banach space.


## 1. Introduction

Let $X$ be a Banach space. For a set $A \subset X$, we denote by $\partial A$, int $A$ and co $A$ the boundary, interior and convex hull of $A$, respectively. We use $\langle p, x\rangle$ to denote the value of the functional $p \in X^{*}$ at the vector $x \in X$. For $R>0$ and $c \in X$ we denote by $B_{R}(c)$ a closed ball with center $c$ and radius $R$. We denote the origin by 0 .

2010 Mathematics Subject Classification. 52A07, 52A27, 52A35.
Key words and phrases. Hausdorff distance; characterization of inner product spaces; contractibility of a union of balls.

Research was partially supported by the Swiss National Science Foundation grants 200020165977 and 200021-162884, and supported by the Russian Foundation for Basic Research, project 16-01-00259.

By $\rho(x, A)$ we denote the distance between a point $x \in X$ and a set $A$. We define the deviation from a set $A$ to a set $B$ as follows:

$$
\begin{equation*}
h^{+}(A, B)=\sup _{x \in A} \rho(x, B) \tag{1.1}
\end{equation*}
$$

For the case $B \subset A$, which takes place below, the deviation $h^{+}(A, B)$ coincides with the Hausdorff distance between the sets $A$ and $B$.

Given $D \subset X$, the deviation $h^{+}(\operatorname{co} D, D)$ is called the convex hull deviation (CHD) of $D$. We define the CHD-constant $\zeta_{X}$ of $X$ as

$$
\zeta_{X}=\sup _{D \subset B_{1}(0)} h^{+}(\operatorname{co} D, D)
$$

Remark 1.1. Directly from our definition it follows that for any normed linear space $X$ we have $1 \leq \zeta_{X} \leq 2$.

We denote by $\ell_{p}^{n}$ the $n$-dimensional real vector space endowed with $p$-norm.
This article presents estimates for the CHD-constant for different spaces and some of its geometrical applications. In particular, for finite-dimensional spaces we obtain the exact upper bound of the CHD-constant depending on the dimension of the space:

Theorem 1.2. Let $X_{n}$ be a normed linear space, $\operatorname{dim} X_{n}=n \geq 2$, then $\zeta_{X_{n}} \leq 2(n-1) / n$. If $X_{n}=\ell_{1}^{n}$ or $X_{n}=\ell_{\infty}^{n}$, then this bound is tight.

Let the sets $P$ and $Q$ be the intersections of the unit ball with two parallel affine hyperplanes of dimension $k$, where $P$ is a central section. In Corollary 2.3 we obtain the exact upper bound of the homothety coefficient, that provides covering of $Q$ by $P$.

The next theorem gives an estimate for the CHD-constant in the $L_{p}$ spaces, $1 \leq p \leq+\infty$ :

Theorem 1.3. For any $p \in[1,+\infty]$

$$
\begin{equation*}
\zeta_{L_{p}} \leq 2^{\left|1 / p-1 / p^{\prime}\right|}, \quad \text { where } \frac{1}{p}+\frac{1}{p^{\prime}}=1 \tag{1.2}
\end{equation*}
$$

Theorem 3.3 shows that the CHD-constant is not greater than the maximum of the Lipschitz constants of metric projection operators onto hyperplanes. This implies that for a Hilbert space the CHD-constant equals 1. Besides that, we prove a characterization of a Hilbert space in terms of the CHD-constant. The idea of the proof is analogous to the idea used by A.L. Garkavi in [9].

Theorem 1.4. The equation $\zeta_{X}=1$ holds for a Banach space $X$ if and only if $X$ is a Euclidian space or $\operatorname{dim} X=2$.

In addition we study the contractibility of a covering of a convex set with balls.

Definition 1.5. A covering of a convex set with balls is called admissible if it consists of a finite number of balls with centres in this set and with the same radii.

Definition 1.6. A family of balls is called admissible when it is an admissible covering of the convex hull of its centres.

We say that a covering of a set by balls is contractible when the union of these balls is contractible. It is easy to show that in two-dimensional and Hilbert spaces any admissible covering is contractible (see Lemmas 2.4 and 2.5). On the other hand, using Theorem 1.4, we prove the following statement.

Theorem 1.7. In a three dimensional Banach space $X$ every admissible covering is contractible if and only if $X$ is a Hilbert space.

For 3-dimensional spaces we consider an example of an admissible covering of a convex set with four balls that is not contractible. To demonstrate the usefulness of this technique in Theorem 5.1 we obtain a sufficient condition for the contractibility of proximally smooth sets in a uniformly convex and uniformly smooth Banach space.

## 2. Proof of Theorem 1.2 and some other results

LEmma 2.1. Suppose the set $B_{1}(o) \backslash \operatorname{int} B_{r}\left(o_{1}\right)$ is non-empty in an arbitrary linear normed space. Then it is arcwise connected.


Figure 1. Illustration for Lemma 2.1. In the notations of the lemma (point $z_{1}$ is an arbitrary point of the sphere $\left.\partial B_{1}(o)\right)$, we have $\left\|z_{1}-o_{1}\right\| \leq \| z_{1}-$ $o\|+\| o-o_{1}\|=\| z-o_{1} \|$.

Proof. We suppose that $o \neq o_{1}$, otherwise the statement is trivial. Let $z$ be the point of intersection of ray $o_{1} o$ and the boundary of the closed ball $B_{1}(o)$ such that $o \in\left[z, o_{1}\right]$. The triangle inequality tells us that $B_{1}(o) \backslash \operatorname{int} B_{r}\left(o_{1}\right)$ contains $z$
(see Figure 1). We claim that $\partial B_{1}(o) \backslash \operatorname{int} B_{r}\left(o_{1}\right)$ is arcwise connected and thus prove the lemma. It suffices to show that in the two-dimensional case every point of the set $S=\partial B_{1}(o) \backslash \operatorname{int} B_{r}\left(o_{1}\right)$ is connected with $z$. Suppose on the contrary that it is not true. Hence, there exists a point $d \in S$ unconnected to $z$. By the triangle inequality we have that $d$ does not lie on the line $o o_{1}$. Therefore on both $\operatorname{arcs} d z$ of the unit circle $\partial B_{1}(o)$ we can find points from int $B_{r}\left(o_{1}\right)$. One of the $\operatorname{arcs} d z$ lies in the half-plane defined by the line $o o_{1}$, denote this arc as $\omega$. Let $c$ be a point from $\omega \cap \operatorname{int} B_{r}\left(o_{1}\right)$. Then $\left\|c-o_{1}\right\|<r$.

There exist points $a_{1}, b_{1} \in \omega \cap \partial B_{r}\left(o_{1}\right)$ such that $c$ lies on the arc $a_{1} b_{1}$ of the unit circle $\partial B_{1}(o)$. Consider two additional rays $o a$ and $o b$ co-directional with $o_{1} a_{1}$ and $o_{1} b_{1}$ respectively, where $a, b \in \partial B_{1}(o)$. Since balls $B_{1}(o)$ and $B_{r}\left(o_{1}\right)$ are similar, we have $a_{1} b_{1} \| a b$. So, the facts that points $a, b, a_{1}, b_{1}$ lie on the same side of the line $o o_{1}$, $o a \cap o_{1} a_{1}=\emptyset, o b \cap o_{1} b_{1}=\emptyset$ and that a unit ball is convex, imply that segments $a b$ and $a_{1} b_{1}$ lie on the same line. This means that segments $a b$ and $a_{1} b_{1}$ belong to the circles $\partial B_{1}(o)$ and $\partial B_{r}\left(o_{1}\right)$ respectively. And what is more, the segment $a_{1} b_{1}$ belongs to the circle $\partial B_{1}(o)$, hence the point $c$ belongs to the segment $a_{1} b_{1}$ and $\left\|c-o_{1}\right\|=r$. This contradicts $\left\|c-o_{1}\right\|<r$.

Proof of Theorem 1.2. Denote $r_{n}=2(n-1) / n$. Suppose the inequality does not hold. It means that there exists a Banach space $X_{n}$ with dimension $n \geq 2$, a set $D \subset B_{1}(0) \subset X_{n}$ and a point $o_{1} \in \operatorname{co} D$ such that $B_{r_{n}}\left(o_{1}\right) \cap D=\emptyset$. But if $o_{1} \in \operatorname{co} D$, then $o_{1} \in \operatorname{co}\left(B_{1}(0) \backslash \operatorname{int} B_{r_{n}}\left(o_{1}\right)\right)$. According to Lemma 2.1, the set $B=B_{1}(0) \backslash \operatorname{int} B_{r_{n}}\left(o_{1}\right)$ is connected. So, taking into consideration the generalized Carathéodory theorem ([16], Theorem 2.29), we see that the point $o_{1}$ is a convex combination of not more than $n$ points from $B$. These points, denoted as $a_{1}, \ldots, a_{k}, k \leq n$, may be regarded as vertices of a ( $k-1$ )-dimensional simplex $A$ and the point $o_{1}=\alpha_{1} a_{1}+\ldots+\alpha_{k} a_{k}$ lies in its relative interior $\left(\alpha_{i}>0\right.$, $\alpha_{1}+\ldots+\alpha_{k}=1$ ).

Let $c_{l}$ be the point of intersection of the ray $a_{l} o_{1}$ with the opposite facet of the simplex $A$. So, $o_{1}=\alpha_{l} a_{l}+\left(1-\alpha_{l}\right) c_{l}$. Then

$$
\left\|o_{1}-a_{l}\right\|=\left(1-\alpha_{l}\right)\left\|c_{l}-a_{l}\right\| .
$$

And $\left[c_{l}, a_{l}\right] \subset A \subset B_{1}(0)$ implies that $\left\|a_{l}-c_{l}\right\| \leq 2$, for all $l \in \overline{1, k}$. Therefore $r_{n}<\left\|o_{1}-a_{l}\right\| \leq 2\left(1-\alpha_{l}\right)$. Thus $\alpha_{l}<1-r_{n} / 2<1 / n$, and finally $\alpha_{1}+\ldots+\alpha_{k}<$ $k / n \leq 1$. We reach a contradiction.

Now let us show that the bound is tight for spaces the $\ell_{1}^{n}, \ell_{\infty}^{n}$. Consider $\ell_{1}^{n}$. Let $A=\left\{e_{i}\right\}_{i=1}^{n}$ be a standard basis for the space $\ell_{1}^{n}$ and $b=\left(e_{1}+\ldots+e_{n}\right) / n \in$ co $\left\{e_{1}, \ldots, e_{n}\right\}$. The distance between the point $b$ and an arbitrary point from $A$ is $\left\|a_{i}-b\right\|=2(n-1) / n$.

Consider $\ell_{\infty}^{n}$. Let $a_{i j}=(-1)^{\delta_{i j}}$, where $\delta_{i j}$ is the Kronecker symbol, $a_{i}=$ $\left(a_{i 1}, \ldots, a_{i n}\right)$ and $A=\left\{a_{i}\right\}_{i=1}^{n}$. Now let $b=\left(a_{1}+\ldots+a_{n}\right) / n=((n-2) / n, \ldots$,
$(n-2) / n) \in \operatorname{co}\left\{a_{1}, \ldots, a_{n}\right\}$. And the distance from point $b$ to an arbitrary point from $A$ is $\left\|a_{i}-b\right\|=2(n-1) / n$.

So, Theorem 1.2 and the inequality $\zeta_{X} \geq 1$ imply that the CHD-constant of any 2 -dimensional normed space equals 1 . Obviously, the CHD-constant of the infinite dimensional $\ell_{1}$ space equals 2 .

Clearly, in the definition of the CHD-constant we can consider only sets like $B_{1}(0) \backslash B_{r}(a)$. According to Lemma 2.1, such sets are arcwise connected. So, due to the generalized Carathéodory theorem and the Blashke selection theorem [15, Theorem 1.3.3], we have:

Remark 2.2. Let $X$ be a Banach space, $\operatorname{dim} X=n$. Then for every $d<\zeta_{X}$ there exists a set $A$ that consists of not more than $n$ points and meets the condition $h^{+}(\operatorname{co} A, A)=d$.

The following is a generalization of a result due to K. Leichtweiss [12].
Corollary 2.3. Let sets $P$ and $Q$ be intersections of the unit ball with two parallel affine hyperplanes of dimension $k$, and let the hyperplane containing $P$ contain 0 as well. Then it is possible to cover $Q$ with the set $\min \{2 k /(k+1)$ : $\left.\zeta_{X}\right\} P$ using a parallel translation.

Proof. Define $\eta=\min \left\{2 k /(k+1): \zeta_{X}\right\}$. Due to the Helly theorem it suffices to prove that we can cover any $k$-simplex $\Delta \subset Q$ with the set $\eta P$.

Let us consider the $k$-simplex $\Delta \subset Q$ with vertices $\left\{x_{1}, \ldots, x_{k+1}\right\}$. By the definition of $\zeta_{X}$ and by Theorem 1.2, for any set of indices $I \subset \overline{1,(k+1)}$, we have $\underset{i \in I}{\operatorname{co}}\left\{x_{i}\right\} \subset \bigcup_{i \in I}\left(B_{\eta}\left(x_{i}\right) \cap \Delta\right)$. Using the KKM theorem [11], we obtain that $S=\bigcap_{i \in 1,(k+1)}\left(B_{\eta}\left(x_{i}\right) \cap \Delta\right) \neq \emptyset$. Then $\Delta \subset B_{\eta}(s)$, where $s \in S \subset \Delta$.

Let us show that Hilbert and 2-dimensional Banach spaces satisfy the assumptions of Theorem 1.7. We consider the area covered with balls to be shaded. The balls' radii may be taken equal to 1 . We will complete the proof of Theorem 1.7 in Section 4.

Lemma 2.4. Let $X$ be a Banach space, $\operatorname{dim} X=2$, then any admissible covering is contractible.

Proof. Without loss of generality, let us consider an admissible covering of a convex set $V$ by balls $B_{1}\left(a_{i}\right), i=\overline{1, n}$. Let us set $S=\bigcup_{i \in \overline{1, n}} B_{1}\left(a_{i}\right)$. Since the unit ball is a convex closed body, the set $S$ is homotopically equivalent to its nerve [1], in our case it is a finite CW complex. Therefore, $S$ is contractible if and only if it is connected, simply connected and its homology groups $H_{k}(S)$ are trivial for $k \geq 2$. Obviously, $S$ is a connected set.

Let us show that the set $S$ is simply connected and $H_{k}(S)=0$ for $k \geq 2$. The unit circle is a continuous closed line without self-intersections, since the unit ball is convex. It divides a plane into two parts. A finite set of circles divides a plane in a finite number of connected components. Let us now shade the unit balls.

We prove now that the problem is stable with respect to small perturbations of the norm. To be more precise, if a norm does not meet the conclusions of the theorem, then there exists a polygon norm, which does not meet them either.

Let us choose a bounded uncovered area $U$ with shaded boundary (area $U$ may be non-convex). It is possible to put a ball of radius $3 \varepsilon_{1}, \varepsilon_{1}>0$, inside this area. There exists $\varepsilon_{2}, \varepsilon_{2}>0$, such that if $B_{1}\left(a_{i_{1}}\right) \cap B_{1}\left(a_{i_{2}}\right)=\emptyset$ for $i_{1}, i_{2} \in \overline{1, n}$, then $B_{1+\varepsilon_{2}}\left(a_{i_{1}}\right) \cap B_{1+\varepsilon_{2}}\left(a_{i_{2}}\right)=\emptyset$. Denote $\varepsilon=\min \left\{\varepsilon_{1}, \varepsilon_{2}\right\}$.

Consider the following set:

$$
B_{1}^{c}(0)=\bigcap_{p \in C}\{x:\langle p, x\rangle \leq 1\}
$$

where $C$ is a finite set of unit vectors from the space $X^{*}$ such that $C=-C$. So, $B_{1}^{c}(0)$ is the unit ball for some norm. For an arbitrary unit functional $p$ we have that $B_{1}(0) \subset\{x:\langle p, x\rangle \leq 1\}$, then $B_{1}(0) \subset B_{1}^{c}(0)$. According to [15, Corollary 2.6.1], it is possible to pick a set $C$ such that $h^{+}\left(B_{1}^{c}(0), B_{1}(0)\right) \leq \varepsilon$. Then the set of balls $B_{1}^{c}\left(a_{i}\right), i=\overline{1, n}$, is an admissible covering, contains the boundary of $U$ and it does not cover $U$ entirely. Furthermore the nerve and, consequently, the homology group of the sets $\bigcup_{i \in \overline{1, n}} B_{1}^{c}\left(a_{i}\right)$ and $S$ coincide.

Now it suffices to show that the statement of the lemma is true in the case of a polygon norm. In this case the set $S$ and the unit ball are polygons, then $S$ is a neighbourhood retract in $\mathbb{R}^{2}$ (see [17], Chapter 3, §Regular Neighbourhoods), therefore directly from Alexander duality (see [7], Chapter 4, §6) we obtain that $H_{k}(S)=0$ for $k \geq 2$.

Now we shall prove that $S$ is simply connected. Assume the contrary, that is, there exist a norm, an admissible covering of a convex set $V$ by balls $B_{1}\left(a_{i}\right)$, $i=\overline{1, n}$, and a non-shaded bounded set $U$ with a shaded boundary. Note that its boundary appears to be a closed polygonal line without self intersections. Let $A=\operatorname{co}\left\{a_{i}: i=\overline{1, n}\right\}$.

Let $x$ be an arbitrary point of the set $U$. The union of the balls $B_{1}\left(a_{i}\right)$ is an admissible covering of the set $A$, thus $x \notin A$. Then there exists a line $l_{a}$ that separates $x$ from the set $A$. This line may serve as a supporting line of the set $A\left({ }^{1}\right)$. Let $l \| l_{a}$ be a supporting line of $U$ in a point $v$ such that sets $U$ and $A$ lie on the same side of the line $l$ (see Figure 2).

[^0]

Figure 2. Illustration for Lemma 2.4.
The line $l$ divides the plane into two half-planes. Let $H_{+}$be the half-plane that does not contain $A$, we denote the other half-plane as $H_{-}$(i.e. $A \subset H_{-}$and $U \subset H_{-}$). Let points $p, q \in l$ lie on different sides from $v$. We want to choose all the edges of the polygonal curve $\partial U$, that contain the point $v$. We will call them $v b_{i}, i \in \overline{1, k}: \cos \angle p v b_{i}>\cos \angle p v b_{j}, i>j$.

Since $v \in \partial U$, it follows that there exists a point $z$ such that the interior of the segment $v z$ lies in $U$ and the ray $v z$ lies between $v b_{1}$ and $v b_{k}$. Then, since the ball is convex, there is no ball $B_{1}\left(a_{i}\right)$ that simultaneously covers segments $\left[v, b_{1}^{\prime}\right]$ and $\left[v, b_{k}^{\prime}\right]$, where $b_{1}^{\prime}, b_{k}^{\prime}$ are arbitrary interior points of the segments $v b_{1}, v b_{k}$, respectively. Therefore the point $v$ is covered by at least two balls, and the centres $a_{i}, a_{j}$ of these balls are separated by the ray $v z$ in the half-plane $H_{-}$. Again, since the ball is convex, the point $y=v z \cap a_{i} a_{j}$ is not covered by balls $B_{1}\left(a_{i}\right), B_{1}\left(a_{j}\right)$, thus $\left\|a_{i}-a_{j}\right\|=\left\|y-a_{i}\right\|+\left\|y-a_{j}\right\|>2$, which contradicts the fact that $a_{i}$ and $a_{j}$ are contained in the ball $B_{1}(v)$.

Lemma 2.5. Let $X$ be a Euclidean space. Then any admissible covering is contractible.

Proof. Recall that a closed convex set is contractible and in a Hilbert space the projection onto a closed convex set is unique. Since a projection onto a convex set is a continuous function of the projected point, it is enough to prove that a line segment, which connects a shaded point with its projection onto a convex hull of centres of an admissible covering, is shaded. Suppose that we have an admissible set of balls. The convex hull of its center is a polygon. Let us call it $C$. If a shaded point $a$ is projected onto the $v$-vertex of the polygon, then the segment $a v$ is shaded as well. Let a shaded point $a$, lying in the ball $B_{1}(v)$ from a set of balls, be projected onto the point $b \neq v$. Let $L$ be a hyperplane passing through the point $b$ and perpendicular to the line segment $[a, b]$. It divides the space into two half-spaces. The one with the point $a$ we call $H_{a}$. $C$ is convex, thus it contains the segment $[v, b]$. Then it is impossible for the point $v$ to lie
in $H_{a}$, so $\angle a b v \geq \pi / 2$, i.e. $\|v-a\| \geq\|v-b\|$. Thus, $b \in B_{1}(v)$ and, consequently, $a b \subset B_{1}(v)$.

## 3. Upper bound for the CHD-constant in a Banach space

Let $J_{1}(x)=\left\{p \in X^{*}:\langle p, x\rangle=\|p\| \cdot\|x\|=\|x\|\right\}$. Let us introduce the following characteristic of a space:

$$
\xi_{X}=\sup _{\substack{\|x\|=1,\|y\|=1}} \sup _{p \in J_{1}(y)}\|x-\langle p, x\rangle y\| .
$$

Note that if $y \in \partial B_{1}(0), p \in J_{1}(y)$, then the vector $(x-\langle p, x\rangle y)$ is a metric projection of $x$ onto the hyperplane $H_{p}=\{x \in X:\langle p, x\rangle=0\}$. Denote by $\xi_{X}^{p}$ the norm of the linear operator $x \mapsto(x-\langle p, x\rangle y)$, i.e. $\xi_{X}^{p}=\sup _{x \neq 0}\|x-\langle p, x\rangle y\| /\|x\|$. For arbitrary vectors $a, b \in X$, we have

$$
\|(a-\langle p, a\rangle y)-(b-\langle p, b\rangle y)\|=\|(a-b)-\langle p,(a-b)\rangle y\| \leq \xi_{X}^{p}\|a-b\|
$$

and by the definition of $\xi_{X}^{p}$ this inequality is tight, hence $\xi_{X}^{p}$ is the Lipschitz constant for the metric projection operator onto $H_{p}$ (here we project along the vector $y$ ). Since the unit ball and its metric projection onto any hyperplane are convex and centrally symmetric, and $(x-\langle p, x\rangle y) \in H_{p}$, we have that this Lipschitz constant equals to half of the diameter of the unit ball's projection onto the hyperplane $H_{p}$. Clearly, $\xi_{X}=\sup _{\|y\|=1} \sup _{p \in J_{1}(y)} \xi_{X}^{p}$. Therefore, $\xi_{X}$ is the maximal value of the Lipschitz constant for metric projection operators onto a hyperplane. Obviously, $1 \leq \xi_{X} \leq 2$ and $\xi_{H}=1$ for a Hilbert space $H$.

Let us use $\xi_{X}$ to estimate the CHD-constant of $X$ :
Lemma 3.1. Let $y \in \operatorname{co}\left[B_{1}(0) \backslash \operatorname{int} B_{r}\left(y_{1}\right)\right]$ and let $p \in J_{1}(y)$. Then there exists $x \in B_{1}(0) \backslash \operatorname{int} B_{r}\left(y_{1}\right)$ such that $\langle p, x\rangle=\langle p, y\rangle$.

Proof. Let $B=B_{1}(0) \backslash \operatorname{int} B_{r}(y)$. Since $y \in$ co $B$, there exist points $a_{1}, \ldots, a_{n} \in B$ and a set of positive coefficients $\lambda_{1}, \ldots, \lambda_{n}, \lambda_{1}+\ldots+\lambda_{n}=1$, such that

$$
\begin{equation*}
y=\lambda_{1} a_{1}+\ldots+\lambda_{n} a_{n} \tag{3.1}
\end{equation*}
$$

Let $H_{p}^{+}=\{x \in X:\langle p, x\rangle \geq\langle p, y\rangle\}$. According to Lemma 2.1, the set $B$ is connected, thus, since $B \backslash H_{p}^{+}$is not empty, if the statement of the lemma is not true, we arrive at $B \cap H_{p}^{+}=\emptyset$. Then $\left\langle p, a_{i}\right\rangle<\langle p, y\rangle$ and formula (3.1) implies

$$
\langle p, y\rangle=\lambda_{1}\left\langle p, a_{1}\right\rangle+\ldots+\lambda_{n}\left\langle p, a_{n}\right\rangle<\langle p, y\rangle .
$$

This is a contradiction.
Lemma 3.2. $\zeta_{X} \leq \sup _{\|y\| \in B_{1}(0)} \inf _{p \in J_{1}(y)} \sup _{\substack{x \in B_{1}(0): \\\langle p, x-y)=0}}\|x-y\|$.

Proof. Let $\varepsilon$ be a positive real number. Then, according to the definition of the CHD-constant, there exists a set $D \subset B_{1}(0)$ such that $h^{+}(\operatorname{co} D, D) \geq \zeta_{X}-\varepsilon$. It means that there exists a point $y \in \operatorname{co} D \backslash\{0\}$ such that $\rho(y, D) \geq \zeta_{X}-2 \varepsilon$. Let $r=\rho(y, D)$. So, $D \subset B_{1}(0) \backslash \operatorname{int} B_{r}(y)$. Hence, $y \in \operatorname{co}\left[B_{1}(0) \backslash \operatorname{int} B_{r}(y)\right]$.

Now let $p \in J_{1}(y)$. According to Lemma 3.1, there exists a vector $x \in$ $B_{1}(0) \backslash \operatorname{int} B_{r}(y)$ such that $\langle p, x-y\rangle=0$ and $r \leq\|x-y\|$. Therefore,

$$
\zeta_{X} \leq \rho(y, D)+2 \varepsilon=r+2 \varepsilon \leq\|x-y\|+2 \varepsilon
$$

Now let $\varepsilon$ tend to zero. The lemma is proved.
Theorem 3.3. $\zeta_{X} \leq \xi_{X}$.
Proof. By Lemma 3.2, it is enough to show that

$$
\begin{equation*}
\xi_{X}=\sup _{\substack{\hat{y} \in B_{1}(0) \\ p \in J_{1}(\hat{y})\\}} \sup _{\substack{x \in B_{1}(0): \\\langle p, x-\hat{y})=0}}\|x-\widehat{y}\| . \tag{3.2}
\end{equation*}
$$

Denote the right-hand side of equality (3.2) as $\xi$. Note that in the definition of $\xi$ we can assume that $\widehat{y} \neq 0$ and $\|x\|=1$. Fix vectors $\widehat{y} \in B_{1}(0) \backslash\{0\}$ and $x \in \partial B_{1}(0)$ such that for some $p \in J_{1}(\widehat{y})$ we have $\langle p, x\rangle=\langle p, \widehat{y}\rangle$. Let $y=\widehat{y} /\|\widehat{y}\|$. Then $\|y\|=1, p \in J_{1}(y)$ and $\widehat{y}=\langle p, \widehat{y}\rangle y=\langle p, x\rangle y$. Therefore, $x-\langle p, x\rangle y=x-\widehat{y}$. So, by the definition of $\xi_{X}$, we get $\xi_{X} \geq \xi$.

Let us show that $\xi_{X} \leq \xi$. In case $\xi_{X}=1$ this inequality is trivial. Let $\xi_{X}>1$. Fix $x, y \in \partial B_{1}(0)$ such that for some $p \in J_{1}(y)$ we have $\|x-\langle p, x\rangle y\|>1$. Note that $\langle p, x\rangle \neq 0$ and $|\langle p, x\rangle| \leq 1$. Let $\widehat{y}=\langle p, x\rangle y$. Then $x-\langle p, x\rangle y=x-\widehat{y}$ and $\widehat{y} \in B_{1}(0)$. Hence, we get $\xi_{X} \leq \xi$. Equality (3.2) is proven.

Using Remark 1.1 and Theorem 3.3 we get
Corollary 3.4. If $H$ is a Hilbert space, then $\zeta_{H}=1$.
With the following lemma we can pass to finite subspace limit in the CHDconstant calculations.

Lemma 3.5. Let $X$ be a separable Banach space and $\left\{x_{1}, x_{2}, \ldots\right\}$ be a vector system in it such that the subspace $\check{X}=\operatorname{Lin}\left\{x_{1}, x_{2}, \ldots\right\}$ is dense in $X$. Then

$$
\begin{equation*}
\zeta_{X}=\lim _{n \rightarrow \infty} \zeta_{X_{n}}, \quad \text { where } X_{n}=\operatorname{Lin}\left\{x_{1}, \ldots, x_{n}\right\} \tag{3.3}
\end{equation*}
$$

Proof. Let $\zeta=\zeta_{X}$, and fix a real number $\varepsilon>0$. Since $X_{n} \subset X_{n+1} \subset X$, the sequence $\zeta_{X_{n}}$ is monotone and bounded and, consequently, convergent. Let $\zeta_{2}=\lim _{n \rightarrow \infty} \zeta_{X_{n}}$. Since $X_{n} \subset X$ it follows that $\zeta_{2} \leq \zeta$. According to the CHDconstant definition, there exist a set $A \subset B_{1}(0)$ and a point $d \in \operatorname{co} A$ such that $\rho(d, A)>\zeta-\varepsilon / 2$. Since $d \in \operatorname{co} A$, there exist a natural number $N$, points $a_{i} \in A$, and numbers $\alpha_{i} \geq 0, i \in \overline{1, N}, \alpha_{1}+\ldots+\alpha_{N}=1$, such that $d=\alpha_{1} a_{1}+\ldots+\alpha_{N} a_{N}$. Then $\left\|d-a_{i}\right\|>\zeta-\varepsilon / 2, i \in \overline{1, N}$.

Since $\bar{X}=X$, it is possible to pick points $b_{i} \in B_{1}(0) \cap \check{X}, i \in \overline{1, N}$, so that $\left\|a_{i}-b_{i}\right\| \leq \varepsilon / 4$. By the definition of a linear span, for some natural $n_{i}$ we have $b_{i} \in X_{n_{i}}$. Let $M=\max n_{i}, i \in \overline{1, N}$. Consider the set $B=\left\{b_{1}, \ldots, b_{N}\right\}$ in the space $X_{M}$. Let $d_{\varepsilon}=\alpha_{1} b_{1}+\ldots+\alpha_{N} b_{N} \in \operatorname{co} B$, then

$$
\left\|d_{\varepsilon}-d\right\|=\left\|\sum_{j=1}^{N} \alpha_{j}\left(b_{j}-a_{j}\right)\right\| \leq \sum_{j=1}^{N} \alpha_{j}\left\|b_{j}-a_{j}\right\| \leq \frac{\varepsilon}{4},
$$

so, for every $i \in \overline{1, N}$, we have
$\left\|d_{\varepsilon}-b_{i}\right\|=\left\|\left(d_{\varepsilon}-d\right)+\left(d-a_{i}\right)+\left(a_{i}-b_{i}\right)\right\| \geq\left\|d-a_{i}\right\|-\left\|d_{\varepsilon}-d\right\|-\left\|a_{i}-b_{i}\right\| \geq \zeta-\varepsilon$.
Thus $\zeta-\varepsilon \leq h^{+}(\operatorname{co} B, B) \leq \zeta_{X_{M}} \leq \zeta_{2} \leq \zeta$, and since $\varepsilon>0$ was chosen arbitrarily, $\zeta=\zeta_{2}$.

Let $p^{\prime} \in[1,+\infty]$ be such that $1 / p+1 / p^{\prime}=1, r=\min \left\{p, p^{\prime}\right\}, r^{\prime}=\max \left\{p, p^{\prime}\right\}$.
Lemma 3.6. Given $p \in[1,+\infty]$. Let $x_{i} \in L_{p}, i=1, \ldots, k$, be such that

$$
\sum_{i=1}^{k} \alpha_{i}=1, \quad \alpha_{i} \geq 0 \quad(i=1, \ldots, k), \quad x_{0}=\sum_{i=1}^{k} \alpha_{i} x_{i}
$$

Then

$$
\begin{equation*}
\left(\sum_{i=1}^{k} \alpha_{i}\left\|x_{i}-x_{0}\right\|_{p}^{r}\right)^{1 / r} \leq 2^{-1 / r^{\prime}}\left(\sum_{i=1, j=1}^{k} \alpha_{i} \alpha_{j}\left\|x_{i}-x_{j}\right\|_{p}^{r}\right)^{1 / r} \tag{3.4}
\end{equation*}
$$

and

$$
\begin{equation*}
\left(\sum_{i=1, j=1}^{k} \alpha_{i} \alpha_{j}\left\|x_{i}-x_{j}\right\|_{p}^{r}\right)^{1 / r} \leq 2^{1 / r} \max _{1 \leq i \leq k}\left\|x_{i}\right\|_{p} \tag{3.5}
\end{equation*}
$$

If $1 \leq p \leq 2$, then the latter inequality can be strengthened to

$$
\begin{equation*}
\left(\sum_{i=1, j=1}^{k} \alpha_{i} \alpha_{j}\left\|x_{i}-x_{j}\right\|_{p}^{r}\right)^{1 / r} \leq 2^{1 / r}\left(\frac{k-1}{k}\right)^{2 / p-1} \max _{1 \leq i \leq k}\left\|x_{i}\right\|_{p} \tag{3.6}
\end{equation*}
$$

Proof. Inequality (3.5) follows from Schoenberg's inequalities [18, Theorem 15.1]:

$$
\left(\sum_{i=1, j=1}^{k} \alpha_{i} \alpha_{j}\left\|x_{i}-x_{j}\right\|_{p}^{r}\right)^{1 / r} \leq 2^{1 / r}\left(\max _{1 \leq i \leq k}\left\{1-\alpha_{i}\right\}\right)^{2 / r-1}\left(\sum_{i=1}^{k} \alpha_{i}\left\|x_{i}\right\|_{p}^{r}\right)^{1 / r}
$$

Inequality (3.6) was deduced by S.A.Pichugov and V.I. Ivanov in [14, Assertion 1].

Using the Riesz-Thorin theorem for spaces with a mixed $L_{p}$-norm [18, § 14], S.A. Pichugov proved the following inequality [13, Theorem 1]:

$$
\begin{align*}
& \left(\sum_{i=1}^{k} \sum_{j=1}^{l} \alpha_{i} \beta_{j}\left\|\left(x_{i}-x_{0}\right)-\left(y_{j}-y_{0}\right)\right\|_{p}^{r}\right)^{1 / r}  \tag{3.7}\\
\leq & 2^{-1 / r^{\prime}}\left(\sum_{i_{1}=1, i_{2}=1}^{k} \alpha_{i_{1}} \alpha_{i_{2}}\left\|x_{i_{1}}-x_{i_{2}}\right\|_{p}^{r}+\sum_{j_{1}=1, j_{2}=1}^{l} \beta_{j_{1}} \beta_{j_{2}}\left\|y_{j_{1}}-y_{j_{2}}\right\|_{p}^{r}\right)^{1 / r},
\end{align*}
$$

where $\sum_{i=1}^{k} \alpha_{i}=\sum_{j=1}^{l} \beta_{j}=1, \alpha_{i} \geq 0, i=1, \ldots, k, \beta_{j} \geq 0, j=1, \ldots, l, x_{0}=$ $\sum_{i=1}^{k} \alpha_{i} x_{i}, y_{0}=\sum_{j=1}^{l} \beta_{j} y_{j}$. Letting $y_{j}=0$ and $\beta_{j}=1 / l$ in (3.7), we obtain inequality (3.4).

Proof of Theorem 1.3. Consider the case $p \in(1 ;+\infty)$. For spaces $L_{p}$ and an arbitrary set of vectors $A=\left\{x_{0}, \ldots, x_{k}\right\}$ such that $x_{0}=\sum_{i=1}^{k} \alpha_{i} x_{i}, \sum_{i=1}^{k} \alpha_{i}=1$, $\alpha_{i} \geq 0, i \in \overline{1, k}, A \subset B_{1}(0)$ we have

$$
\left(\min _{i \in \overline{1, k}}\left\|x_{0}-x_{i}\right\|_{p}^{r}\right)^{1 / r} \leq\left(\sum_{i=1}^{k} \alpha_{i}\left\|x_{i}-x_{0}\right\|_{p}^{r}\right)^{1 / r}
$$

Using (3.4) and (3.5), since the set of vectors $A$ was chosen arbitrarily, we get $\zeta_{L_{p}} \leq 2^{\left(1 / r-1 / r^{\prime}\right)}=2^{\left|1 / p-1 / p^{\prime}\right|}$. And it was shown in the proof of Theorem 1.2 that $\zeta_{\ell_{1}^{n}}=\zeta_{\ell_{\infty}^{n}}=2(n-1) / n$. Thus, $\zeta_{L_{1}}=\zeta_{L_{\infty}}=2$.

Remark 3.7. If $1 \leq p \leq 2$, then, using in the proof of Theorem 1.3 inequality (3.6) instead of (3.5), we arrive at

$$
\begin{equation*}
\zeta_{\ell_{p}^{n}} \leq\left(2 \frac{n-1}{n}\right)^{\left|1 / p-1 / p^{\prime}\right|} \tag{3.8}
\end{equation*}
$$

The following questions remain unanswered:
Question 3.8. Is inequality (3.8) true if $p \in(2 ; \infty)$ ?
Question 3.9. Is the estimate in inequality (1.2) sharp in the case of $p \in$ $(1 ; \infty), p \neq 2$ ?

## 4. Characterization of a Hilbert space

In order to prove Theorem 1.4 we need the following lemma, which it a straightforward consequence of the KKM theorem [11].

Lemma 4.1. Let $X$ be a Banach space. Suppose the triangle $a_{1} a_{2} a_{3} \subset X$ satisfies the inequality diam $a_{1} a_{2} a_{3} \leq 2 R$ and is covered by balls $B_{R}\left(a_{i}\right), i=$ $1,2,3$. Then these balls have a common point lying in the plane of the triangle.

Taking into account Lemma 4.1, the proof of Theorem 1.4 is very similar to the one of Theorem 5 from [9].

Proof of Theorem 1.4. Using Theorem 1.2 and Corollary 3.4, it suffices to prove that a Banach space $X$, with $\operatorname{dim} X \geq 3$ and $\zeta_{X}=1$, is a Hilbert space. According to the well-known results obtained by Fréchet and Blashke-Kakutani, it is enough to describe only the case when $\operatorname{dim} X=3$. We need to show that if $\zeta_{X}=1$, then for every 2-dimensional subspace there exists a unit-norm operator that projects $X$ onto this particular subspace. Let $0 \in L$ be an arbitrary 2dimensional subspace in $X$, and let $c$ be a point not contained in $L$. We denote $B_{n}^{2}(0)=L \cap B_{n}(0)$ (it is a ball of radius $n \in \mathbb{N}$ in space $L$ ). For every $n \in \mathbb{N}$ let us introduce the following notations:

$$
E_{n}=\{x \in L:\|c-x\| \leq n\}, \quad F_{n}=\{x \in L:\|c-x\|=n\} .
$$

If $n$ is big enough, these sets are nonempty. Let $x_{1}, x_{2}, x_{3}$ be arbitrary points from $E_{n}$. The CHD-constant of space $X$ equals 1 , so the balls $B_{n}^{2}\left(x_{i}\right), i=1,2,3$, cover the triangle $x_{1} x_{2} x_{3}$. According to Lemma 4.1, their intersection is not empty. According to the Helly theorem, the set

$$
S_{n}=\bigcap_{x \in E_{n}} B_{n}^{2}(x)
$$

is non-empty as well.
Let us pick $a_{n} \in S_{n}$, then by construction we have for every $x \in F_{n}$

$$
\begin{equation*}
\left\|x-a_{n}\right\| \leq\|x-c\| . \tag{4.1}
\end{equation*}
$$

Let us show that $\left\|x-a_{n}\right\| \leq\|x-c\|$ for every $x \in E_{n}$. Suppose that for some $x \in E_{n}$

$$
\begin{equation*}
\left\|x-a_{n}\right\|>\|x-c\| . \tag{4.2}
\end{equation*}
$$

According to (4.1), we may assume that $x \in E_{n} \backslash F_{n}$. The set $E_{n}$ is bounded and its boundary relatively to the subspace $L$ coincides with $F_{n}$, thus there exists a point $b \in F_{n}$ such that $x$ is contained in the interval $\left(a_{n}, b\right)$. Then $a_{n}-x=\lambda\left(a_{n}-b\right), 0<\lambda<1$.

Note that $c-x=\left(c-a_{n}\right)+\left(a_{n}-x\right)=c-a_{n}+\lambda\left(a_{n}-b\right)$, then (4.2) may be reformulated as $\left\|c-a_{n}+\lambda\left(a_{n}-b\right)\right\|<\lambda\left\|a_{n}-b\right\|$. So,

$$
\begin{aligned}
\|c-b\| & =\left\|\left(c-a_{n}\right)+\lambda\left(a_{n}-b\right)+(1-\lambda)\left(a_{n}-b\right)\right\| \\
& \leq\left\|\left(c-a_{n}\right)+\lambda\left(a_{n}-b\right)\right\|+(1-\lambda)\left\|a_{n}-b\right\| \\
& <\lambda\left\|a_{n}-b\right\|+(1-\lambda)\left\|a_{n}-b\right\|=\left\|a_{n}-b\right\|,
\end{aligned}
$$

and it contradicts (4.1).
Consider the sequence $\left\{a_{n}\right\}$. Note that $E_{n} \subset E_{n+1}$ and $\bigcup_{i=1}^{\infty} E_{i}=L$. So, starting with a fixed natural $k$, the inclusion $0 \in E_{n}, n \geq k$, becomes true, thus
when $x=0$ inequality (4.1) implies $\left\|a_{n}\right\| \leq\|c\|, n \geq k$, i.e. the sequence $\left\{a_{n}\right\}$ is bounded. It means that this sequence $\left\{a_{n}\right\}$ has a limit point $a$. Then every point $x \in L$ satisfies $\|x-a\| \leq\|x-c\|$. Let us now represent every element $z \in X$ in the form

$$
z=t c+x, \quad x \in L, t \in \mathbb{R}
$$

The operator $P(z)=P(t c+x)=t a+x$ projects $X$ onto $L$. In addition,

$$
\|P(z)\|=\|t a+x\|=|t|\left\|a+\frac{x}{t}\right\| \leq|t|\left\|c+\frac{x}{t}\right\|=\|t c+x\|=\|z\|
$$

Hence, $\|P\|=1$ and taking into consideration the theorem of Blashke and Kakutani we come to a conclusion that $X$ is a Hilbert space.

Proof of Theorem 1.7. It remains to check that in every Banach space $X$ that is not a Hilbert one, where $\operatorname{dim} X=3$, there exist a convex set and an admissible and non-contractible covering.

To make the proof easier we first present a simple statement from geometry. Let a hyperplane $H$ divide the space $X$ in two half-spaces $H_{+}, H_{-}$. Let $M$ be a bounded set in $H$. We want to cover the set $M$ with balls

$$
B=\left\{\bigcup B_{d}\left(a_{i}\right): i \in \overline{1, n}, n \in \mathbb{N}\right\}
$$

Let us call such covering $\left(\varepsilon, d, H_{+}\right)$-good if $h^{+}\left(B, H_{-}\right) \leq \varepsilon$.
Lemma 4.2. Let $X$ be a Banach space, $3 \leq \operatorname{dim} X<+\infty$. Let a hyperplane $H$ divide $X$ in two half-spaces $H_{+}$and $H_{-}$. Let $M$ be a bounded set in $H$. Then, for every $\varepsilon>0, d>0$, there exists an admissible set of balls $B_{d}\left(a_{i}\right): i \in \overline{1, N}, N \in \mathbb{N}$ such that the set $B=\bigcup_{i \in \overline{1, N}} B_{d}\left(a_{i}\right)$ may be regarded as an $\left(\varepsilon, d, H_{+}\right)$-good covering of the set $M$ and $\operatorname{co}\left(M \cup\left\{a_{i}\right\}\right) \subset B, i \in \overline{1, N}$.

Proof. Let $\operatorname{dim} X=n$. Without loss of generality we assume that $\varepsilon<d$ and $H$ is the supporting hyperplane for the ball $B_{d}(0)$ and $B_{d}(0) \subset H_{-}$. For any $r>0$ and $a \in X$ we use $C_{r}(a)$ to denote an $(n-1)$-dimensional hypercube centered at $a$ that lies in the hyperplane parallel to $H$, where $r$ is the length of its edges. Let $x \in H \cap B_{d}(0)$. Then $h^{+}\left(B_{d}(\varepsilon x /\|x\|), H_{-}\right) \leq \varepsilon$. Let $D=$ $B_{d}(\varepsilon x /\|x\|) \cap H$. Note that $x$ is an inner point of the set $D$ relatively to $H$. In a finite-dimensional linear space all norms are equivalent, so $C_{r}(x) \subset D$ for some $r>0$. As the ball $B_{d}(\varepsilon x /\|x\|)$ is centrally symmetric, it contains the affine hypercube co $\left(C_{r}(x) \cup C_{r}(\varepsilon x /\|x\|)\right)$. Consider next an arbitrary bounded set $M \subset H$. Since it is bounded, $M \subset C_{R}(b)$, where $b \in H, R>0$. We suppose that $R=k r, k \in \mathbb{N}$. Let us split the hypercube $C_{R}(b)$ into hypercubes with edges of length $r$ and let $b_{i}, i \in \overline{1, N}$, be the centres of these hypercubes. Hence, from the above arguments, the balls $B_{d}\left(b_{i}-(d-\varepsilon) x /\|x\|\right)$ give us the necessary covering.

Let us consider an approach to constructing an admissible and non-contractible covering of a convex set. Let $X$ be a non-Hilbert Banach space, with $\operatorname{dim} X=3$. According to Theorem 1.4, $\zeta_{X}>1$, and by Remark 2.2, there exist a set $A=\left\{a_{1}, a_{2}, a_{3}\right\} \subset B_{1}(0)$ and a point $b \in \operatorname{co} A$ such that $\rho(b, A)=1+4 \varepsilon>1$. According to Theorem 1.2, $0 \notin H$. Consider the balls $B_{1+\varepsilon}\left(a_{i}\right), i \in \overline{1,3}$, let $B_{1}=B_{1+\varepsilon}\left(a_{1}\right) \cup B_{1+\varepsilon}\left(a_{2}\right) \cup B_{1+\varepsilon}\left(a_{3}\right)$. It is obvious that $b \notin B_{1}$. Since all the edges of the triangle $a_{1} a_{2} a_{3}$ lie in $B_{1}$, facets $0 a_{1} a_{2}, 0 a_{1} a_{3}, 0 a_{2} a_{3}$ of the tetrahedron $0 a_{1} a_{2} a_{3}$ lie in $B_{1}$. Let $H$ be a plane passing through the points $a_{1}, a_{2}, a_{3}$.

Let $H$ divide the space $X$ in two half-spaces: $H_{+}$and $H_{-}$. Let $0 \in H_{+}$. According to Lemma 4.2 there exists an $\left(\varepsilon, 1+\varepsilon, H_{+}\right)$-good covering of the triangle $a_{1} a_{2} a_{3}$ with an admissible set of balls that have centres lying in a set $C=\left\{c_{i}: i \in \overline{1, N}\right\}, N \in \mathbb{N}$. Let $B_{2}=\bigcup_{i \in \overline{1, N}} B_{1+\varepsilon}\left(c_{i}\right)$. Then the set $B=B_{1} \cup B_{2}$ contains all the facets of the tetrahedron $o a_{1} a_{2} a_{3}$ and does not contain the interior of the ball $B_{\varepsilon}(b-2 \varepsilon b /\|b\|)$, i.e. the set $B$ is non-contractible. However, $\operatorname{co}(A \cup C) \subset B_{2} \subset B$, i.e. the union of balls $B_{1+\varepsilon}(x), x \in A \cup C$, is an admissible covering for the set co $(A \cup C)$ we were looking for.

There remain still some open questions:
Question 4.3. What is the minimal number of balls in an admissible and non-contractible set of balls for a certain space $X$ ? How to express this number in terms of space characteristics, such as its dimension, modulus of smoothness and modulus of convexity?

Question 4.4. How to estimate the minimal density (in terms of average distance between centres or in a some other way) of an admissible covering with balls for it to be contractible?

According to Lemma 4.1, it takes at least four balls to construct an admissible non-contractible set of balls in an arbitrary Banach space. The following example describes the case with precisely four balls.

Example 4.5. Let $X=l_{1}^{3}, a_{1}=(-2 / 3,1 / 3,1 / 3), a_{2}=(1 / 3,-2 / 3,1 / 3)$, $a_{3}=(1 / 3,1 / 3,-2 / 3), a_{4}=(-1 / 6,-1 / 6,-1 / 6)$. The set of balls $B_{1}\left(a_{i}\right), i=\overline{1,4}$, is admissible, however, the complement of the set $B=\bigcup_{i=\overline{1,4}} B_{1}\left(a_{i}\right)$ has two connected components (see Figures 3-5).

Proof. (1) Let us show that this set of balls is admissible. Every point $x$ from the tetrahedron $A=a_{1} a_{2} a_{3} a_{4}$ may be represented in the form $x=$ $\alpha_{1} a_{1}+\ldots+\alpha_{4} a_{4}$, where $\alpha_{1}+\ldots+\alpha_{4}=1, \alpha_{i} \geq 0, i \in \overline{1,4}$. Using the equation $\alpha_{4}=1-\alpha_{1}-\alpha_{2}-\alpha_{3}$, we are going to prove an inequality which would detect
that the point $x \in A$ is not contained in the ball $B_{1}\left(a_{4}\right)$ :

$$
\begin{equation*}
1<\left\|x-a_{4}\right\|=\left|\frac{-\alpha_{1}+\alpha_{2}+\alpha_{3}}{2}\right|+\left|\frac{\alpha_{1}-\alpha_{2}+\alpha_{3}}{2}\right|+\left|\frac{\alpha_{1}+\alpha_{2}-\alpha_{3}}{2}\right| \tag{4.3}
\end{equation*}
$$



Figure 3. The balls
$B_{1}\left(a_{1}\right), B_{1}\left(a_{2}\right), B_{1}\left(a_{3}\right)$.



Figure 4. Balls $B_{1}\left(a_{1}\right)$, $B_{1}\left(a_{2}\right), B_{1}\left(a_{3}\right)$ are brown. The ball $B_{1}\left(a_{4}\right)$ is green.

Figure 5. Balls $B_{1}\left(a_{1}\right), B_{1}\left(a_{2}\right), B_{1}\left(a_{3}\right), B_{1}\left(a_{4}\right)$ are green. The tetrahedron $a_{1} a_{2} a_{3} a_{4}$ is red. The cavity is the blue tetrahedron.

We use inequality (4.3) to estimate the distance between $x$ and the vertex $a_{1}$ :

$$
\begin{aligned}
\left\|x-a_{1}\right\| & =\left\|\alpha_{2}\left(a_{2}-a_{1}\right)+\alpha_{3}\left(a_{3}-a_{1}\right)+\alpha_{4}\left(a_{4}-a_{1}\right)\right\| \\
& \leq \alpha_{2}\left\|a_{2}-a_{1}\right\|+\alpha_{3}\left\|a_{3}-a_{1}\right\|+\alpha_{4}\left\|a_{4}-a_{1}\right\| \\
& =2\left(\alpha_{2}+\alpha_{3}\right)+\frac{3}{2} \alpha_{4} \leq 2\left(\frac{1}{4}-\frac{3}{4} \alpha_{4}\right)+\frac{3}{2} \alpha_{4}=\frac{1}{2} .
\end{aligned}
$$

Note that if every expression inside the absolute values is positive, then the right-hand side of (4.3) equals $\left(\alpha_{1}+\alpha_{2}+\alpha_{3}\right) / 2 \leq 1 / 2$. So, one of them has to be
negative. Without loss of generality, let $\alpha_{1} \geq \alpha_{2}+\alpha_{3}$. Then the other two expressions are positive and inequality (4.3) can be rewritten: $3 \alpha_{1}-\alpha_{2}-\alpha_{3} / 2>1$. Then $\alpha_{1}>2 / 3+\left(\alpha_{2}+\alpha_{3}\right) / 3$. Using this relation, we arrive at

$$
1-\alpha_{4}=\alpha_{1}+\alpha_{2}+\alpha_{3} \geq \frac{2}{3}+\frac{4}{3}\left(\alpha_{2}+\alpha_{3}\right)
$$

Thus, $1 / 4-3 \alpha_{4} / 4 \geq \alpha_{2}+\alpha_{3}$. So, we come to a conclusion that the set of balls is admissible.
(2) Let $b_{1}=(1 / 3,1 / 12,1 / 12), b_{2}=(1 / 12,1 / 3,1 / 12), b_{3}=(1 / 12,1 / 12,1 / 3)$, $b_{4}=(1 / 3,1 / 3,1 / 3)$, the tetrahedron $\Delta=b_{1} b_{2} b_{3} b_{4}$. It is easy enough to show that $\partial \Delta \subset B$, but int $\Delta \cap B=\emptyset$.

## 5. About contractibility of proximally smooth sets

Clarke, Stern and Wolenski [5] introduced and studied proximally smooth sets in a Hilbert space $H$. A set $A \subset X$ is said to be proximally smooth with constant $R$ if the distance function $x \mapsto \rho(x, A)$ is continuously differentiable on the set $U(R, A)=\{x \in X: 0<\rho(x, A)<R\}$. Properties of proximally smooth sets in a Banach space and relations between such sets and akin classes of sets, including uniformly prox-regular sets, were investigated in [5], [4], [8], [6]. We study a sufficient condition for the contractibility of a proximal smooth set. G.E. Ivanov showed that if $A \subset H$ is proximally smooth (weakly convex in his terminology) with constant $R$ and $A \subset B_{r}(o)$ with $r<R$, then $A$ is contractible. The following theorem is a generalization of this result.

Theorem 5.1. Let $X$ be a uniformly convex and uniformly smooth Banach space. Let $A$ be a closed and proximally smooth with constant $R$, assume also that $A$ is contained on a ball of radius $r<R / \zeta_{X}$. Then $A$ is contractible.

Proof. Note that the set co $A$ is contractible, so a continuous function $F:[0,1] \times \operatorname{co} A \rightarrow$ co $A$ such that $F(0, x)=x, F(1, x)=x_{0}$ for all $x \in \operatorname{co} A$ and some $x_{0} \in A$ exists. Due to the CHD-constant definition and inequality $r<R / \zeta_{X}$, the set co $A$ belongs to the $R$-neighbourhood of the set $A$. On the other hand, $A$ is proximally smooth and in accordance with paper [2], the metric projection mapping $\pi$ : co $A \rightarrow A$ is single valued and continuous. Finally, we define the mapping $\widetilde{F}:[0,1] \times A \rightarrow A$ as follows $\widetilde{F}(t, x)=\pi(F(t, x))$ for all $t \in[0,1], x \in A$. The mapping $F$ contracts the set $A$ to the point $x_{0}$.

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Manuscript received February 28, 2016
accepted June 8, 2016

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[^0]:    $\left({ }^{1}\right)$ By a supporting line of a compact (not necessary convex) set we mean a line that intersects the set and for which the entire set is contained in one of closed half-spaces defined by the line.

