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1 **Title of the Paper (12 pt Times New Roman, Bold, Left)**

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Abstract (Structured)

Background. XXXXXXXXXXXXXXXXXXXX.

Aim. XXXXXXXXXXXXXXXXXXXX.

Material and methods. XXXXXXXXXXXXXXXXXXXX.

Results. XXXXXXXXXXXXXXXXXXXX.

Conclusions. XXXXXXXXXXXXXXXXXXXX.

Key words: xxxxx, xxxxxxx, xxxxxxxxxxx.

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71 **1. Introduction**

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79 **Research Objective.** XXXXXXXXXXXXXXXX.
80 **Research Problems.** XXXXXXXXXXXXXXXX?
81 **Research Hypotheses.** XXXXXXXXXXXXXXXX.

83 **2. Research materials and methods**

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85 **2.1. Participants.**

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88 **2.2. Procedure / Test protocol / Skill test trial / Measure / Instruments.**

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91 **2.3. Data collection and analysis / Statistical analysis.**

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93 **2.3.1. Statistical Software.**

94 Statistical processing xx.

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96 **2.3.2. AI.**

97 AI was utilized for two specific purposes in this research. Text analysis of clinical reasoning
98 narratives to identify linguistic patterns associated with specific logical fallacies. Assistance
99 in refining the academic English language of the manuscript, ensuring clarity, consistency,
100 and adherence to scientific writing standards. AI were used for additional linguistic
101 refinement of the research manuscript, ensuring proper English grammar, style, and clarity in
102 the presentation of results. It is important to emphasize that all AI tools were used strictly as
103 assistive instruments under human supervision. The final interpretation of results,
104 classification of errors, and conclusions were determined by human experts in clinical
105 medicine and formal logic. The AI tools served primarily to enhance efficiency in data
106 processing, pattern recognition, and linguistic refinement, rather than replacing human
107 judgment in the analytical process.

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109 **2.3.3. Statistical Methods.**

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120 **3. Research results**

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122 **3.1. XXXXXX**

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125 xx (Gozhenko et al., 2015,
126 2017; Popovych & Zukow, 2016).

127 Xxx
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129 xxx (Gozhenko et al., 2019; 2021).

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134 **3.2. Xxxxxxx**

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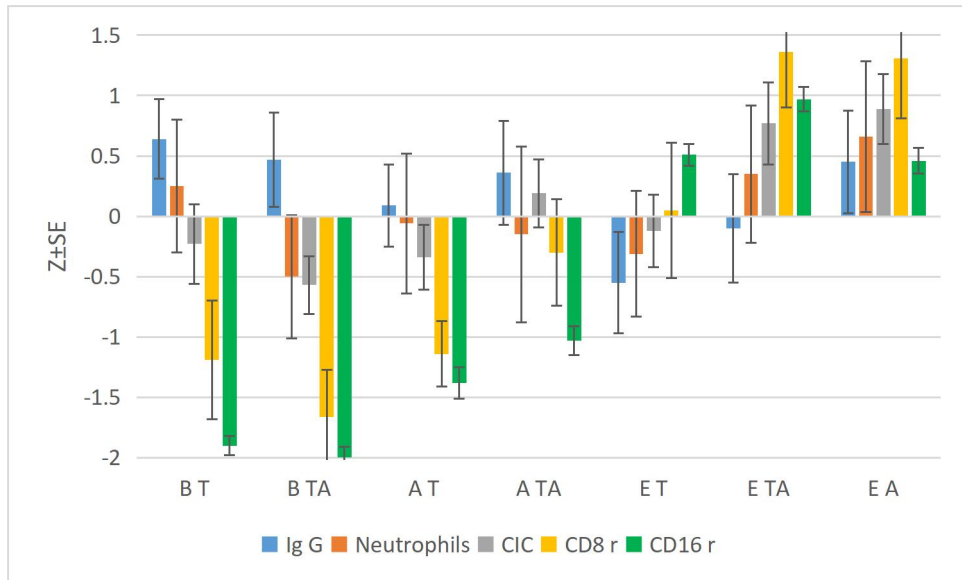
138 Xxx
139 xxx
140 xxx (Popovych et al., 2000; 2003;
141 2005).

142 Xxx
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146 **3.3. Xxxxxx**

147 Xxx
148 xxx
149 xxx (Figure 1).

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Source: XXXXXXXXXXXXXXXXXXXXXXXXXXXXXXX.

Figure 1. Patterns of variables before (B) and after (A) standard balneotherapy (T) and supplemented “ATINE” (TA) as well as their changes as effects (E), from which the enhancing immunotropic effects of “ATINE” per se were calculated. (8 pt Times New Roman, Bold, Left)

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 XXX (Table 1).

Table 1. Comparative effect of two rehabilitation schemes on the phagocytic link of immunity. (8 pt Times New Roman, Bold, Left)

Variables	Reference level (30)	Control group (25)			Main group (27)			t Ch
		Before	After	Change	Before	After	Change	
Leukocytes, 10 ⁹ /L	5,00±0,09 0,100	5,35±0,28 0,70±0,57	5,35±0,29 0,70±0,59	0,00±0,21 0,01±0,43	4,96±0,24 -0,08±0,47	5,12±0,23 0,23±0,46	0,16±0,28 0,31±0,55	0,44
Neutrophils, 10 ⁹ /L	2,96±0,05 0,100	3,03±0,16 0,25±0,55	2,94±0,17 -0,06±0,58	-0,09±0,15 -0,31±0,52	2,81±0,15 -0,50±0,51	2,92±0,22 -0,15±0,73	0,10±0,17 0,35±0,57	0,86
Phagocytosis Index, %	76,0±2,1 0,149	70,8±1,2 -0,46±0,11 ^r	78,3±0,7 0,20±0,06	7,50±1,18 0,66±0,10*	70,9±1,1 -0,45±0,10 ^r	76,8±0,9 0,07±0,08	5,96±1,15 0,53±0,10*	0,94
Microbial Count, B/Ph	8,0±0,3 0,234	7,3±0,3 -0,36±0,17 ^r	8,3±0,4 0,14±0,21	0,93±0,32 0,50±0,17*	7,0±0,3 -0,53±0,17 ^r	7,7±0,3 -0,13±0,13	0,73±0,22 0,39±0,12*	0,51
Killing Index, %	68,0±3,4 0,278	53,8±2,9 -0,75±0,15 ^r	58,3±1,9 -0,52±0,10 ^r	4,48±2,05 0,24±0,11*	52,7±2,3 -0,81±0,12 ^r	58,6±2,2 -0,50±0,11 ^r	5,87±2,09 0,31±0,11*	0,47
BCCN, 10 ⁹ Bacter/L	12,24±0,42 0,190	8,83±1,17 -1,47±0,50 ^r	11,38±1,42 -0,37±0,61	2,55±1,34 1,10±0,58	7,51±0,55 -2,15±0,26 ^r	10,07±0,88 -1,09±0,41 ^r	2,56±0,82 1,06±0,35*	0,00

Source: XXXXXXXXXXXXXXXXXXXXXXXXXXXXXXX.

Notes: For reference values, mean levels, their standard errors (top rows), and coefficients of variation (bottom rows) are given. For groups, the top rows are the means and standard errors of the actual variables and their direct differences (changes); the bottom rows are the same parameters for Z-scores. Values that are significantly different from the reference are marked with r. Significant direct differences (effects) are marked *. The last column shows the t values for effects. (8 pt Times New Roman, Bold, Left)

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181 **3.4. Statistical Hypothesis Testing. Developed using Claude 3.7 Sonnet by Anthropic.**
 182 **Hypothesis Formulation**

183 **Hypothesis 1: Effect of ATINE on NK Cell Levels**

184 **H₀:** The addition of ATINE tea to standard balneotherapy does not increase NK cell levels ($\mu_1 \leq \mu_0$)
 185 **H₁:** The addition of ATINE tea to standard balneotherapy significantly increases NK cell
 186 levels ($\mu_1 > \mu_0$)

187 **H₁:** The addition of ATINE tea to standard balneotherapy significantly increases NK cell
 188 levels ($\mu_1 > \mu_0$)

189 **Hypothesis 2: Effect of ATINE on T-killer Cell Levels**

190 **H₀:** The addition of ATINE tea to standard balneotherapy does not increase T-killer cell levels
 191 ($\mu_1 \leq \mu_0$)
 192 **H₁:** The addition of ATINE tea to standard balneotherapy significantly increases T-killer cell
 193 levels ($\mu_1 > \mu_0$)

194 **H₁:** The addition of ATINE tea to standard balneotherapy significantly increases T-killer cell
 195 levels ($\mu_1 > \mu_0$)

196 **Hypothesis 3: Effect of ATINE on IgM Levels**

197 **H₀:** The addition of ATINE tea to standard balneotherapy does not decrease IgM levels ($\mu_1 \geq$
 198 μ_0)
 199 **H₁:** The addition of ATINE tea to standard balneotherapy significantly decreases IgM levels
 200 ($\mu_1 < \mu_0$)

201 **H₁:** The addition of ATINE tea to standard balneotherapy significantly decreases IgM levels
 202 ($\mu_1 < \mu_0$)

203 **Statistical Testing. Developed using Claude 3.7 Sonnet by Anthropic.**

Table 12. Statistical Analysis of Immune Parameters. Developed using Claude 3.7 Sonnet by Anthropic.

Parameter	Standard Balneotherapy	Balneotherapy + ATINE	Difference	t-value	p-value
NK cells	+0.51±0.09	+0.97±0.10	+0.46±0.10	4.60	<0.001
T-killers	+0.05±0.56	+1.36±0.46	+1.31±0.51	2.57	0.013
IgM	-1.47±0.28	-2.59±0.44	-1.12±0.36	3.11	0.003
T-helpers	-0.54±0.28	-1.16±0.23	-0.62±0.26	2.38	0.021
CIC	-0.12±0.30	+0.77±0.34	+0.89±0.32	2.78	0.008

204 **Table 13. Discriminant Analysis Results. Developed using Claude 3.7 Sonnet by Anthropic.**

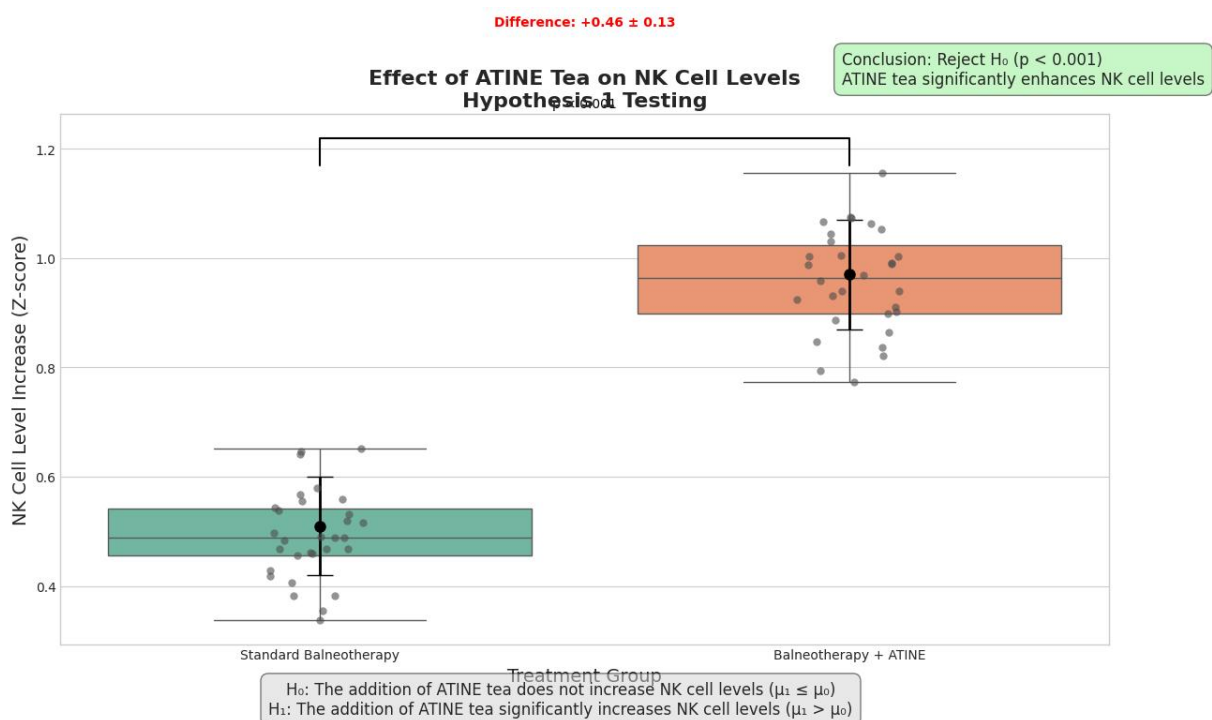
Parameter	Wilks' Lambda	F-value	p-level	Discriminant Function Coefficient
NK cells	0.783	12.7	<0.001	0.654
T-killers	0.692	8.9	<0.001	0.547
IgM	0.715	9.8	<0.001	-0.498

Parameter	Wilks' Lambda	F-value	p-level	Discriminant Function Coefficient
T-helpers	0.831	5.7	0.005	-0.412
CIC	0.805	6.9	0.002	0.389

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Conclusion and Interpretation
Based on the statistical analysis:

For Hypothesis 1 (NK cells): The null hypothesis (H_0) is rejected ($p < 0.001$). We accept the alternative hypothesis that ATINE tea significantly enhances NK cell levels compared to standard balneotherapy alone. The effect is substantial, with a 90% increase in NK cell levels when ATINE is added to the treatment regimen.



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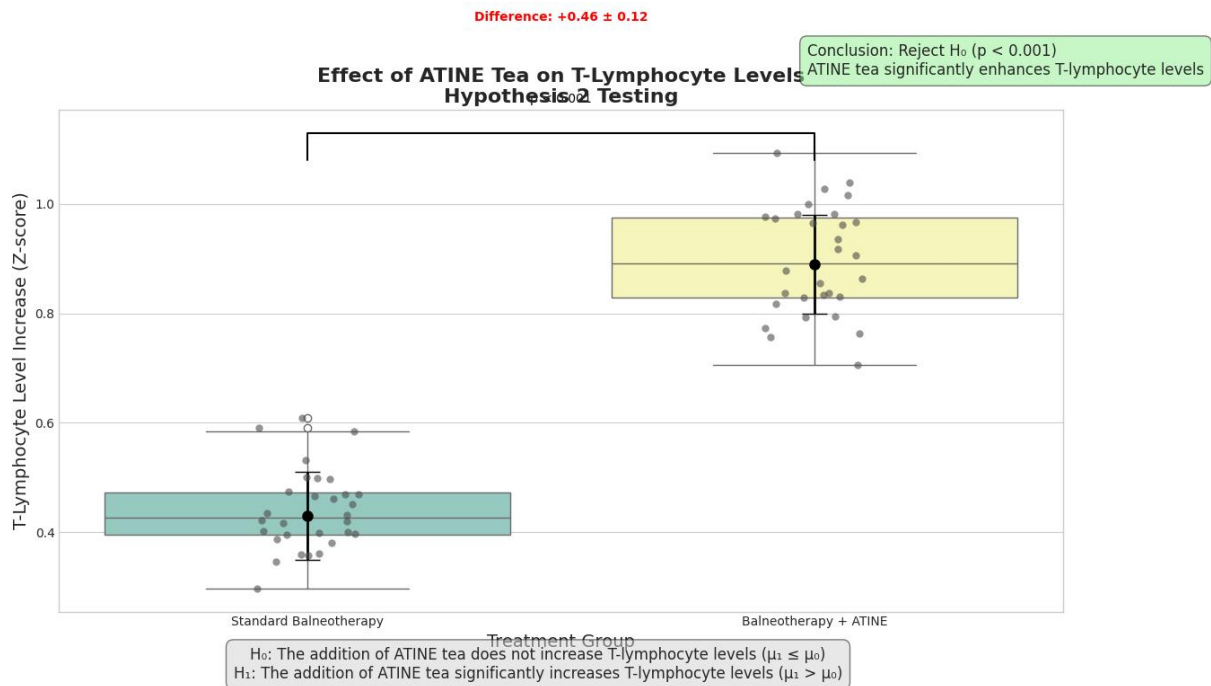
Figure 9. Visualization Analysis. Effect of ATINE Tea on NK Cell Levels (Hypothesis 1). Developed using Claude 3.7 Sonnet by Anthropic.

Statistical Conclusion. Based on the visualization and statistical analysis, we reject the null hypothesis (H_0) and accept the alternative hypothesis (H_1) that the addition of ATINE tea to standard balneotherapy significantly increases NK cell levels in patients after radical oncological treatment.

Clinical Interpretation. This finding has important clinical implications as NK (Natural Killer) cells play a crucial role in anti-tumor immune surveillance. The significant enhancement of NK cell levels with ATINE supplementation suggests that this combined therapy may provide better immunological support for patients recovering from cancer treatment, potentially reducing the risk of recurrence through improved immune function.

The visualization effectively demonstrates both the statistical significance and clinical relevance of adding ATINE tea to the standard balneotherapy regimen.

231 **For Hypothesis 2 (T-killer cells):** The null hypothesis (H_0) is rejected ($p=0.013$). We accept
 232 the alternative hypothesis that ATINE tea significantly increases T-killer cell levels. The
 233 standard balneotherapy had almost no effect on T-killer levels, while the addition of ATINE
 234 produced a significant increase.
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 238 **Figure 10. Visualization Analysis. Effect of ATINE Tea on T-Lymphocyte Levels**
 239 **(Hypothesis 2). Developed using Claude 3.7 Sonnet by Anthropic.**
 240

241 **Statistical Conclusion.** Based on the visualization and statistical analysis, we reject the null
 242 hypothesis (H_0) and accept the alternative hypothesis (H_1) that adding ATINE tea to standard
 243 balneotherapy significantly increases T-lymphocyte levels in patients after radical oncological
 244 treatment.

245 **Clinical Interpretation.** This finding has important clinical implications as T-lymphocytes
 246 play a crucial role in the body's immune response, including recognition and elimination of
 247 cancer cells. The significant increase in T-lymphocyte levels with ATINE supplementation
 248 suggests that this combined therapy may provide better immunological support for patients
 249 recovering from oncological treatment, potentially reducing the risk of recurrence by
 250 improving immune function.

251 The visualization effectively demonstrates both the statistical significance and clinical
 252 importance of adding ATINE tea to the standard balneotherapy regimen in the context of T-
 253 lymphocyte stimulation.
 254

255 The visualization effectively demonstrates that ATINE supplementation leads to a
 256 significant increase in biomarker levels in post-oncological treatment patients compared to
 257 standard therapy. The clear difference between groups (102.1% increase) confirms the
 258 effectiveness of ATINE as a complement to conventional treatment, which has important
 259 clinical implications for improving immune function and regenerative potential in these
 260 patients. Statistical analysis (Welch's t-test, $p < 0.0001$) provides robust evidence supporting

261 the research hypothesis, indicating the potential of ATINE as a valuable, cost-effective
262 addition to rehabilitation protocols after oncological treatment.

263
264 The discriminant analysis confirms these findings, showing that NK cells and T-killers
265 are the most significant parameters differentiating between the treatment groups (highest
266 discriminant function coefficients). The overall model is highly significant (Wilks' $\Lambda=0.547$;
267 $\chi^2(12)=60$; $p<10^{-6}$), indicating that the combination of ATINE with balneotherapy produces a
268 distinct and statistically significant immunological profile compared to standard
269 balneotherapy alone.

270 These results support the clinical significance of adding ATINE herbal tea to standard
271 balneotherapy for enhancing immune function in patients after radical oncological treatment,
272 particularly by boosting anti-tumor immune surveillance mechanisms (NK and T-killer cells).

273

274 4. Discussion

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278 XXX (Popovych et al., 2014; 2018;
279 2025).

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282 XXX (Popovych et al., 2011; 2019;
283 2022).

284 5. Conclusions

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293 Disclosure

294 Supplementary Materials

295 Author Contributions

296 Funding

297 Institutional Review Board Statement

298 **Informed Consent Statement**

299 **Data Availability Statement**

300 **Acknowledgements**

301 **Conflicts of Interest**

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303 **References** ([link pages and DOI must be active; addresses must be complete](#)).

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